CITIZEN SCIENCE PROGRAMME - TRASH COUNT SHEET

Trail Name and location postcode: ....Distance: ....

Your Name and Email: .... Date:...............................

Use the tables below to record the number of SUP items counted per transect. For Trash Count routes less than 1km long use 100m transects. Count all SUP items that you observe on, or within 3m of, your chosen section of trail. Once you've finished, add up your tally to include totals of items per transects. Finally, add up your totals to get the overall total number of SUP items observed along the whole section of chosen trail.

EXAMPLE CATEGORY	
Trash Type A	12
Trash Type B	4

FOR 100 METRE TRANSECTS	TOTAL PER TRANSECT
100m	
200m	
300m	
400m	
500m	
600m	
700m	
800m	
900m	
1km	
TOTAL	

FOR 1 KILOMETRE TRANSECTS	TOTAL PER TRANSECT
1km	
2km	
3km	
4km	
5km	
6km	
7km	
8km	
9km	
10km	
10km +	
TOTAL	

TRAIL TYPES COVERED / PASSED THROUGH	YES / NO	MOST LITTERED TYPE
Marked Trails		
Public rights of way		
Mountain summit trail		
Uplift / Ski-lift accessed		
Unofficial Trails		
Pump Tracks		
Urban green spaces		
Other trails and green spaces		
Access routes		
Car parks / parking areas		
Aquatic systems		
Other		

OTHER TRAIL TYPES		

TRAIL TYPES COVERED / PASSED THROUGH	YES / NO	MOST LITTERED ZONE	ZONE > TRANSECT
Car parking areas			
Visitor infrastructure			
Trail maps viewing point			
Trailhead			
Dog poo alley			
Rattly / rocky sections			
Bottom of descents			
Top of long climbs			
Jumps area			
Uplift load / unload area			
View / pause points			
Lunch / Picnic spots			
Puncture / mechanical			
Almost home final fuel up			
Mountain / hill summit			
Road crossings			
Swimming spots			
Camping spots			
Outdoor toilet spots			
Ski-lift related			
Other			

REMEMBER TO SUBMIT YOUR DATA AT WWW.TRASHFREETRAILS.ORG

Share your trail clean and tag us on instagram @trashfreetrails

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Total Bin Bags Collected: ....No of Volunteers: ....

Three words that sum up the day: .... Most interesting bird / animal / tree / plant:..

Page 2 should be seen as non-mandatory or supplementary data, to be gathered when conducting your Trash Counts in groups.
Assign members of the group with the specific task of keeping count of a individual SUP category, type or imapct.

SUP CATEGORIES, TYPES & BRANDS	NUMBER / NAME
Deposit Return Scheme (DRS) Drinks Containers (plastic, aluminium, glass)	
Disposable Vapes	
Energy Gel Sachets and Ends	
Most prevalent SUP type (e.g. energy drinks cans)	
Most prevalent SUP brand	

OTHER OBSERVATIONS

SUP IMPACTS

Did you see more of less SUP than expected?

Less	As expected	More

How did the amount of SUP you saw affect your enjoyment of your ride, run or roam?

Negatively	Positively	It didn't affect it	Not sure

How did you feel after taking action to remove the litter?

Ashamed	Indifferent	Proud

Did any of the SUP that you counted show signs of animal interaction / harm?

Yes	No	Not Sure	Didn't look

Have you conducted a Trash Count on this section of trail before?

Yes	No	If yes, how many times?

Did it feel unnatural to do a Trash Count without removing the SUP items?

Yes	No	Not Sure

Would you consider helping to organise a trail clean on this section of trail in the future?

Yes	No	Not Sure

COMMENTS, FEEDBACK AND NOTES

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