



STATE OF OUR TRAILS REPORT - TRASH TALLY SHEET

Trail Name and location postcode: Distance:

Your Name and Email: Date:

Below is a list of items you may find on your trails. All you need to do is to record a tally next to each of the items you find. Once you've finished the trail clean, add up your tally for each item to include totals for each item type. Finally, add up your totals for each category and then add the categories to get the overall total.

EXAMPLE CATEGORY	
Trash Type A	12
Trash Type B	4

PET STUFF	
Full dog poo bags	
Empty dog poo bags	
Toys (eg., tennis ball)	
DRINKS CONTAINERS	
Soft Drinks	
Plastic water bottle	
Plastic soft drink bottle	
Aluminium soft drink cans	
Plastic bottle top	
Glass soft drink bottles	
Energy Drinks	
Plastic energy drink bottle	
Aluminium energy drink can	
Plastic energy gel sachet	
Plastic energy gel ends	
Alcoholic Drinks	
Aluminium alcoholic drink can	
Glass alcoholic bottle	
Glass bottle top	
Takeaway drinks	
Hot drinks cups	
Hot drinks tops	
Drinks cups (eg., McDonalds)	
Drinks tops (eg., McDonalds)	
Cartons	
Paper straws	
Plastic straws	

SNACKS / FOOD	
Plastic fast / takeaway food packaging (eg., plastic utensils)	
Other fast / takeaway food packaging	
Confectionary wrappers	
Wrapper 'corners' (tear offs)	
Crisp packets	
Lollipop sticks	
Used gum	
Fruit peel & cores	
Plastic carrier bags	
Aluminium foil	
Plastic wrapping	
Disposable bbq	
BBQ related	
Polysterene	
SMOKING / VAPING / DRUGS	
Cigarette butts	
Smoking related	
Disposable vapes	
Vaping e-cig related	
Drug Related	
FARMING	
Salt lick buckets	
Silage wrap	
FORESTRY	
Tree Guards	
INDUSTRIAL	

HYGIENE / BABY / COVID RELATED	
Toilet tissue	
Wipes	
Single Use Period Products	
Nappies	
Other baby	
Single Use COVID masks	
Reusable COVID masks	
RECREATION RELATED	
Outdoor event (Festival)	
Outdoor sports event	
Cable ties	
Halloween & Fireworks	
Seasonal (Xmas/Easter)	
Normal balloons	
Helium balloons	
OUTDOOR ACTIVITY RELATED	
Ride (mtb)	
Run	
Roam	
TEXTILES	
Clothes	
MISCELLANEOUS	
TOTAL	

OTHER NOT LISTED ITEMS

REMEMBER TO SUBMIT YOUR DATA AT WWW.TRASHFREETRAILS.ORG

Share your trail clean and tag us on instagram @trashfreetrails

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Total Bin Bags Collected: No of Volunteers:

Three words that sum up the day: Most interesting bird / animal / tree / plant:.....

TOP 20 BRANDS	
Lucozade	
Coca Cola	
Red Bull	
Monster	
Cadbury	
Cadburys	
Walkers	
PepsiCo	
McDonalds	
Stella Artois	
Strongbow	
Haribo	
Mars	
Nestle	
Budweiser	
SIS	
Costa	
Fosters	
Carling	
High 5	
Danone	
Other	

ANIMAL INTERACTION SIGNS Y / N	
Chew marks	
Nesting (inside/on/below)	
Animal Remains (rotten eggs/poo smell)	

NATURE CONNECTION QUESTIONS

How did you feel about the amount of litter you saw?

Impressed	Indifferent	Disappointed
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Did you discover more of less litter than expected?

Less	As expected	More
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How did you feel after taking action to remove the litter?

Ashamed	Indifferent	Proud
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After the clean, did you feel more of a sense of connection to that place?

Yes	No	The same	Not Sure
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Did you meet a new person / people that inspired you?

Yes	No	Not Sure
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Did you go for a run / roam / ride with your fellow trail cleaners afterwards?

Yes	No	Not Sure
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Would you take part in TFT activities like this in the future?

Yes	No	Not Sure
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COMMENTS, FEEDBACK AND NOTES

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